

About the Artists

www.breathebravely.org/bash



Elena Goodrow is a remarkable singer-songwriter from northern Georgia. She is also an adult living with cystic fibrosis and has been a part of Breathe Bravely's sINgSPIRE program since its premiere session. Elena has an unmistakable ability to paint a masterpiece using words drenched in her unforgettable sound. She is the embodiment of how the beauty of a single breath can give power to the impossible. She recently released her second album, "Where the Moss Grows". Elena will share music from both her albums and new music.

Jennifer Lucy Cook is an award-winning composer and lyricist based in Los Angeles, CA. Jen specializes in musical comedy for the stage and screen, progressive choral music, and pop songwriting. Just this year, Jen was named the winner of Cantus Vocal Ensemble's, "Young and Emerging Composer competition", The Chorus Austin Composer Competition, and the Edwin Fissinger Choral Competition. Recent choral commissions include Cantorum Chamber Choir, Voces Ad Opus for Louisiana ACDA, and the UVU Chamber Choir.

Her theater commissions include Full House Theatre Co., British Youth Musical Theatre, and the Globe Theatre in London, and her musical recaps of the Bachelor recently went viral on TikTok. Jen is mentored by renowned composer Eric Whitacre.

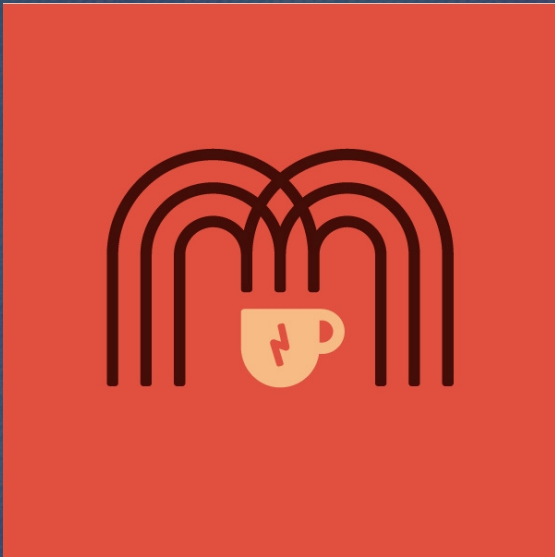


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Maren Engel, Ashley Ballou-Bonnema, and Betty Kay are professional vocalists from the Midwest. They will perform Jennifer Lucy Cook's original pieces and speak about their involvement in bringing Breathe Bravely's sINgSPIRE program to life through their work as private voice instructors for the program.

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Midtown Coffee Radio Hour a live radio show produced and performed at Midtown Coffee, which is nestled in the heart of Sioux Falls, SD. The monthly podcast features local musicians, actors, comedians, and entertainers of all kinds. Midtown Coffee's house band, *The House Blend* led by Nick Jackson will jolt your java, while host Martha Winklepleck makes every day bright and merry.



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